

Don't miss this

Gosport Older Persons Forum - Annual General Meeting

10.15am to 11.50am Friday 5th October 2018

Gosport Borough Town Hall - Council Chamber

(Doors open 9.45am when tea and coffee will be served- a box will be available for voluntary donations to help cover our expenses)

Our speakers are still to be confirmed but, as usual, we will tell you of the activities of the Forum over the past year and hear of changes that have taken place in the Borough and some of those planned for the future.

This is also an opportunity to meet the committee and perhaps consider joining the team. You can always come to a meeting to see what goes on. Our contact details are at the end of the newsletter.



It's that time of year again.....

October is on it's way and, once again, the 55+ Infifest and Winter Warmth event will be held in Thorngate Hall.

For the first time, the event will be split into 2 sessions:

From 10am - 2pm Both the ballroom and theatre will be used and there will be a range of information stands, demonstrations of some of the activities available to join in Gosport and free refreshments (in addition there is also a new cafe in Thorngate Hall you may want to try)



From 5-8pm the information stands will remain in the ballroom for people who may still be working and can't get away during the day, or people relying on them for transport. This may be of special interest to family and friends of older people who want to know more about what is available to help make later life in Gosport more enjoyable and ensure all the opportunities are fully utilised.



55+ INFEST

**Thorngate Halls
Bury Road**

Friday 19th October,
10am - 2pm and 5pm - 8pm

**WINTER
WARMTH
EVENT**

FREE EVENT • FREE REFRESHMENTS • FREE EVENT • FREE REFRESHMENTS • FREE EVENT • FREE REFRESHMENTS



Providing home safety and security for the vulnerable and elderly in our communities



The Bobby Scheme is a practical service providing FREE home security, long-life smoke alarms and peace of mind for vulnerable and elderly people within Hampshire. We fit a broad range of equipment, including:

- Locks
- Spy-Holes
- Door chains
- Smoke Alarms

The Blue Lamp Trust are happy to be able to offer the supply and fit of two Key Safe options:

- ✚ The Supra C500 Key Safe is a ACPO Police Approved Key Safe, available for a donation of £75.00 (including supply and fitting)
- ✚ The Permanent Key Safe is a cost effective option, available for a donation of £40.00 (including supply and fitting)

If you are unsure if somebody meets our criteria, please contact in writing to bobby@bluelamptrust.org.uk or phone 0300 777 0157. For more information visit www.bluelamptrust.org.uk

Dementia Adviser Service Drop-In Support



Available for people with any type of dementia and for their families. We can offer confidential tailored support and signpost you to services in your local area.



Please feel free to pop in and chat with one of our Dementia Advisers.



**Held on the
4th Friday of the month.
10am - 12md at
Gosport Discovery Centre
High Street, Gosport
PO12 1BT**

For more information call 02392 892034

MOBILE ADVICE SERVICE



deaf+PLUS
breaking through barriers

The Mobile Advice Service, which is a collaboration between Open Sight and deafPLUS, regularly visits areas of the County to offer a drop-in facility for local people with sight, hearing or both impairments to speak to professionals from both organisations.

Small items of everyday living equipment are available to buy, such as bump-ons, liquid level indicators, pens, talking clocks etc. An appointment is not necessary. Referrals for Open Sight central services can also be made.

The Mobile Advice Service will be calling at Gosport High Street the second Wednesday of the month, 2.00 - 4.00.

Before making a special visit, confirm the dates and venue by calling the Open Sight Reception on 023 8064 1244.

Just a thought.....

"None are so old as those who have outlived enthusiasm." ~Henry David Thoreau



Buy With Confidence is a national scheme independently run by local authority Trading Standards Services

Avoid rogue traders and support those who've publicly committed to operating in a legal, honest and fair way by using Buy With Confidence Trading Standards Approved Businesses.

All the businesses listed have been vetted, approved and continue to be monitored by Trading Standards, to help ensure you receive a quality service. Businesses are only included once they've completed a series of stringent checks, including a visit by a qualified Trading Standards professional. Those working in and around people's homes will also be criminal record checked.

Telephone 01962 833 620

Web Site: www.buywithconfidence.gov.uk



Introducing Gosport Community Lottery!

Have you joined the Gosport Lottery yet? For only £1 a week you get the opportunity to win up to £25,000 and help a local cause of your choice. **Of course we would like you to choose the Gosport Older Persons Forum** (we have never had any membership fee and income is needed even to help pay for postal circulation of this newsletter to those without internet access - approx. £1 a copy) but we recognise you may want to support something else.



The important thing is to be part of this and support Gosport good causes.

- ✚ Good causes will be able to set up their own lottery page, and your chosen cause will receive 40p in every pound spent by players using this method.
- ✚ A further 20p in every pound will go into a general Gosport Community Good Causes fund
- ✚ The remainder is put towards prizes, operating costs and VAT.

Gatherwell, an External Lottery Management Organisation (ELMO) will be managing the lottery and currently manage several community lotteries including the Portsmouth Community Lottery. Gosport Voluntary Action will be working with them and Gosport Borough Council and Portsmouth City Council to manage the Gosport Lottery Scheme, which will directly benefit the many organisations and groups in the local Gosport area.

Weekly Prize Draw

All supporters will get the chance to win prizes of up to £25,000 for just £1 per week. Every ticket has a 1 in 50 chance of winning a prize every week!

The draw will take place every Saturday night with results posted on the website, Facebook and Twitter and winners will be advised directly.



Visit www.gosportcommunitylottery.co.uk or contact Gosport Voluntary Action on **023 9258 3836** to find out more.

We hope you found this information of interest

Would you like to be on our membership list or join our committee?

To ensure you don't miss anything, please contact us for a membership form. (Post or e-mail only please, no-one from the Forum is available at this address for personal callers)

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96, Pavilion Way, Gosport. PO12 1FG e-mail: gosportopforum@hotmail.co.uk