



Gosport Borough Council | **A Housing Services Production**

At Your Service

Newsletter for tenants and leaseholders

Spring 2022 Edition

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Welcome to the spring issue



GOSPORT
Borough Council



A message from Julie Smith

Following the government's announcement that England is now moving to Plan A, I am pleased to bring you information about services and how the Council is moving forward to best accommodate the latest changes.

Thank you to all our customers for their patience and understanding over the past two years. None of us have been immune to the effects of the pandemic, particularly when delivering essential front line services. The extra pressure and challenges of the past two years have proved challenging for everyone.

I would like to thank all of our housing services staff who have continued to provide the service. I know they will join me in looking forward to services opening up fully and the benefits this will bring in providing the best service to all our customers.

With Spring in the air and the opportunities available, now that the pandemic is easing, it will be encouraging to see communities opening up and supporting each other.

I hope you will find the articles in this edition both informative and enjoyable.

Julie Smith, Head of Housing

Council services and public access to the Town Hall

The Town Hall is open Monday to Friday 9am to 5pm. Please note the cashiers' desk will close at 4:45pm.

Face coverings are encouraged.

Appointments can be booked by telephone (see right) and access to the Town Hall will be available from the High Street entrance only.

More information

For more details on how to contact a specific service please visit www.gosport.gov.uk and click **Accessing Council services, information and general advice.**

Book an essential in-person appointment at the Town Hall

Council Tax	02392 545470
Benefits	02392 545325
Planning	02392 545461
Housing Needs and Support	02392 545476
Housing Neighbourhood Services	02392 545665
StreetScene	08000 198598
Licensing and Environmental Health	01329 824399
Town Hall general enquiries	02392 584242

Useful Contacts

It is important that you speak to the correct person or team when you contact us.

- ▶ If you are a council tenant and need to speak to your Neighbourhood Housing Officer or a member of the Neighbourhood Management team (including rent enquiries) please call **023 9254 5665**
- ▶ If you live in sheltered accommodation or need to speak to someone about your lifeline pendant please call the Older Persons Services Team on **023 9254 5453**
- ▶ If you are threatened with homelessness or need help to find accommodation please call our Housing Advice Team on **023 9254 5476**
- ▶ You can report any grounds maintenance issues such as grass cutting and street cleansing by calling StreetScene on **08000 198 598** or by sending an email to **streetscene@gosport.gov.uk**

- ▶ If you are living in temporary accommodation allocated by the Council, please call the Temporary Accommodation Team on **023 9254 5586**
- ▶ If you have a query about the allocation of a property or housing register assessment please call the Housing Advice Team on **023 9254 5476**
- ▶ You can report any issues regarding roads, street lamps and traffic lights by calling Hampshire County Council on **0300 555 1388** or via **www.hants.gov.uk/highways**



Contact Property Services

Property Services Team:

✉ property.services@gosport.gov.uk

☎ **0239254 5289/5691**

🕒 **Monday to Friday 9.00am – 5.00pm**

🌐 www.gosport.gov.uk/article/994/Repairs-and-maintenance



Repairs

You can report any repairs to our repairs contractor Kier in the following ways by:

- ▶ Telephoning Freephone number **0800 028 0835**
- ▶ Reporting emergency repairs (including boilers) 'out of office' hours by telephoning **0800 028 0835**
- ▶ Texting non urgent repairs to **07786 204386**
- ▶ Emailing non urgent repairs to **gosport.repairs@kier.co.uk**

Energy prices are to increase

SWITCHED ON
GOSPORT

You might have heard in the news that the energy price cap is set to increase by 54% in April - but what does this really mean for your fuel bills?

The price cap refers to the amount energy companies can charge per unit of fuel you use; it does not mean there is a certain total amount you cannot be charged over. This means it's more important than ever to use energy efficiently, as you'll be charged much more for the energy you use. For the average household, this price cap increase will mean bills rise by up to £700 more a year.

Households on a standard variable tariff, which is what you will be on if you haven't joined a contracted fixed term tariff, will be subject to the price cap increases. At the minute energy companies can't offer a competitive fixed tariff, so switching suppliers or signing up for a fixed tariff won't work out cheaper - the advice at the moment is to stay on the standard tariff, even with the increased price cap.

Don't panic! There is support available if you're struggling to pay your fuel bills. You can access a wide range of advice and schemes through Switched On Gosport!"

How to contact

To access more information go online or call:

 www.switchedongosport.co.uk

 02392841947

LEAP

The recent news of the sharp rise in the energy price cap is causing anxiety for many people. However there is help available.

Through our partners in Portsmouth City Council, Switched On Gosport is able to offer a free energy and money saving advice service. If you meet any of a broad range of income, health or vulnerability criteria, you can apply for a home visit from an expert advisor.

They will provide you with tailored advice, such as helping identify simple measures you can take to reduce your bills, helping find funding for larger energy saving improvements, checking that you're on the most suitable tariff for your needs, or giving more general advice on managing your budget. They can also answer any specific questions you might have.

Demand for this service is currently very high at the moment, so the earlier you apply, the earlier a visit can be arranged. You can find out more by visiting **switchedongosport.co.uk** and clicking on "Get FREE help with your energy bills".



The Greening Campaign

The Greening Campaign is up and running in local communities around Gosport, helping them work together to become more sustainable.



All members of the community of all ages can get involved, with support including information packs and expert advice guiding communities through a structured process.

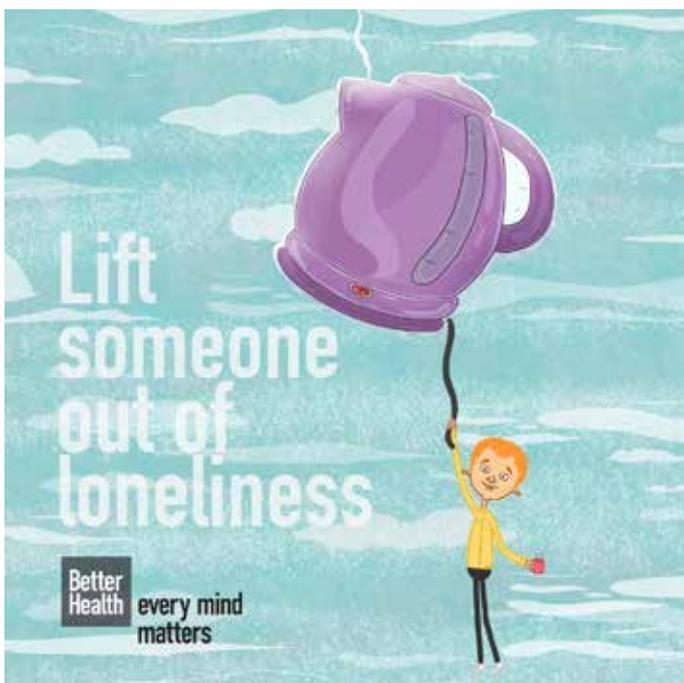
If you live in Leesland, Elson, Hardway, Alverstoke or Lee-on-Solent, you can join in with the Greening Campaigns already active in those areas. Greening Leesland has now completed phase 1 of the campaign, during which over 100 people committed to actions that will collectively save 37 tonnes of CO2 per year.

The group is now looking for more residents to join as it moves into phase 2, which will focus on rewilding. Greening Alverstoke recently held a successful launch event for its campaign and would welcome volunteers to help complete phase 1 of the campaign.

There are also opportunities to join steering groups shaping the campaigns in the other areas.

If you live elsewhere, Gosport Borough Council is still looking for more communities of between 250 and 8000 households, who want to take up the challenge and see what changes they can make to become greener. If you are involved in any local community groups that might like to run a Greening Campaign, the Council can provide funding to get you started, and the Greening Campaign will then support you to get everyone in your community engaged.

To find out more, please visit www.greening-campaign.org, and contact climatechange@gosport.gov.uk or **02392 54 5573** for more information about how to sign up and the financial support the Council can provide.



National Fraud Initiative

Gosport Borough Council is required by law to protect the public funds we administer and to this end may use information you have provided for the prevention and detection of fraud.

We may also share your information provided to us with other bodies responsible for auditing and administering public funds for these purposes.

The Cabinet Office currently requires us to participate in its anti-fraud initiative. For more details, visit www.gosport.gov.uk and search site for **Fair Processing Notices**.

Welcome to the Neighbourhood Management Team

Please see below details of your Neighbourhood Housing Officer and area patches.

Neighbourhood managers

Roz Weaver

023 9254 5356

roz.weaver@gosport.gov.uk

Denise Hudson

023 9254 5439

denise.hudson@gosport.gov.uk

Right to Buy and Leaseholder Officer

Sam Downing

023 9254 5686

sam.downing@gosport.gov.uk

Neighbourhood Involvement Officer

Emma Vanson

023 9254 5403

emma.vanson@gosport.gov.uk

Area 1

Juliet Mansell

023 9254 5681

juliet.mansell@gosport.gov.uk

▣ **Elson** – Blackthorn Drive, Dunkeld Road, Exmouth Road, Goodwood Road, Ham Lane, Hamlet Way, Naish Drive, Pannall Road, Richard Grove, Sedgeley Grove, Woodlands House

▣ **Privett** – Anns Hill Road, Cheriton Road, Droxford Close, Hamble Road, Normandy Gardens, Salerno Drive, Selborne Gardens, Warnford Close

▣ **Town** – Hilton Road, Hornet Close, Old Road

Area 2

Sarah Parsons

023 9254 5540

sarah.parsons@gosport.gov.uk

▣ **Anglesey** – Archer House

▣ **Bridgemary North** – Chatfield Road, Conifer Grove, Gregson Close, Stoners Close, The Mead, Wych Lane

▣ **Elson** - Stanley Close

▣ **Peel Common** – Glebe Drive, High Drive, Long Drive, Rowner Lane, The Links, The Fairway, Hoylake Close, Stradbroke, Sunningdale Close

▣ **Town** – Nelson House, Nyria Way, Ramillies House, Renown House, Resolution House, Revenge House, Rodney House, Slocum House

Area 3

Carol Leader

023 9254 5359

carol.leader@gosport.gov.uk

▣ **Bridgemary South** – Agnew Road, Bridge House, Bridgemary Avenue, Cameron Close, Fisher Road, Gregson Avenue, Harris Road, Horton Road, Keyes Close, Layton Road, Nobes Close, Nobes Avenue, Montgomery Road, Portal Road, Southway, Tedder Road, Wavell Road

▣ **Bridgemary North** – Bridgemary Road, Bridgemary Grove, Fraser Road, Harwood Close, Harwood Road, James Close, Mountbatten Close, Northway, Prideaux Brune Avenue

Area 4

Joanna Wu

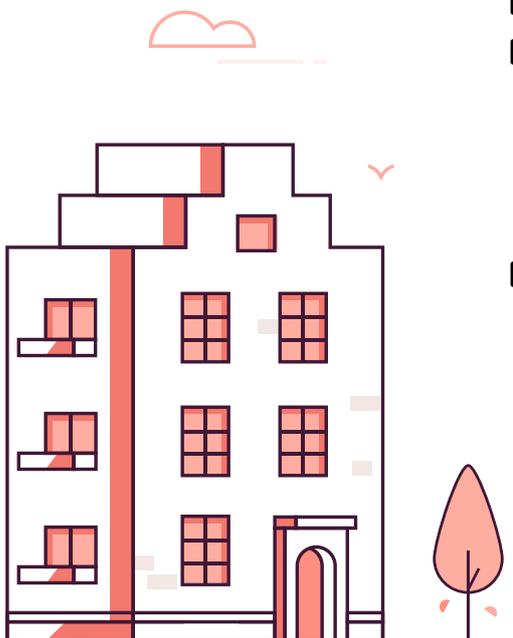
023 9254 5522

joanna.wu@gosport.gov.uk

▣ **Christchurch** – Avenue Road, Ferrol Road, Holly Street, St Andrews Road

▣ **Rowner & Holbrook** – Alliance Close, Aspen Grove, Austerberry Way, Fleet Close, Gilbert Close, Landon Road, Lawn Close, Tichborne Way, Turner Avenue

▣ **Town** – Chester Court, Endeavour Close, Park Terrace, Trinity Close



Area 5

Syed Haque

023 9254 5273

syed.haque@gosport.gov.uk

- ▣ **Bridgemary North** – Dayshes Close, Kent Road, Laphorn Close, Nesbitt Close, Osborn Crescent, Pettycot Crescent, Tukes Avenue
- ▣ **Forton** – Keith Close, Parklands Close, St Vincent Road, San Diego Road, The Crossways, Varos Close, Wheeler Close
- ▣ **Town** – Portland House, The Mews, York House

Area 6

Rosie Swannack

023 9254 5293

rosie.swannack@gosport.gov.uk

- ▣ **Bridgemary North** – Boyd Road, Vian Close
- ▣ **Forton** – Beryton Close, Beryton Road, Coulmere Road, Durley Road, Giles Close, Hewitt Close, Kealy Road, Rogers Close
- ▣ **Rowner & Holbrook** – Almondside, Charnwood, Forest Way, Kielder Grove, Lombardy Close, Orange Grove, Pinewood, Savernake Close, Sycamore Close, The Chine, The Coppice, The Firs, The Glen, The Hoe, The Limes, The Nook, The Thicket, Vineside, Yewside

Area 7

Laura Wise

023 9254 5637

laura.wise@gosport.gov.uk

- ▣ **Anglesey** – Mabey Close
- ▣ **Christchurch** – Gloucester House, Ivy House, Queens Road
- ▣ **Forton** – Dukes Road
- ▣ **Lee East** – Elmore Road, Elmore Avenue, Elmore Close, Hiller Walk, Maple Close, Skipper Way
- ▣ **Lee West** – Hove Court, Queens Close
- ▣ **Town** – Astra Walk, Burnhams Walk, Burney House, Farriers Walk, Seahorse Walk, Shamrock Close, White Lion Walk, Willis Road

Area 8

Jenner Moore

023 9254 5369

jenner.moore@gosport.gov.uk

- ▣ **Brockhurst** – 263 & 311 Forton Road
- ▣ **Forton** – St Lukes Road
- ▣ **Leesland** – 46-78 Forton Road, Fortune House, Marine Cottages, St Johns Square, Warders Court
- ▣ **Peel Common** – Birchmore Close, Brading Avenue, Brookers Lane, Carisbrooke Road, Chale Close, Merstone Road, Niton Close, Totland Road
- ▣ **Privett** – Dieppe Gardens, Wilmott Close, Wilmott Lane

Area 9

Paul Wilson-Suffield

023 9254 5351

paul.wilson-suffield@gosport.gov.uk

- ▣ **Bridgemary South** – Acorn Close, Beauchamp Avenue, Brewers Lane, Braemar Road, Copse Lane, Gorselands Way, Green Crescent, Rowner Close, The Spinney
- ▣ **Leesland** – Greenway Road, Mill Lane, Mill Pond Road
- ▣ **Town** – Dolphin Crescent, Mariners Way, Tamworth Court
- ▣ **Privett** – Wilmott Close

Area 10

Dominique Allison

023 9254 5294

dominique.allison@gosport.gov.uk

- ▣ **Anglesey** – Ash Close, Arminers Close, Baronsmere, Boldens Road, Bricketts Terrace, Kennet Close
- ▣ **Brockhurst** – Alma Street, Claudia Court, Durham Street, Linnet Court, Nightingale Close, Russell Street
- ▣ **Forton** – Avery Lane, Behrendt House, Behrendt Close, Graham Road, The Crossways
- ▣ **Leesland** – Brougham Street, Chilworth Grove, Leesland Road
- ▣ **Rowner & Holbrook** – Bracklesham Road, Charden Road, St Anns Crescent, Tudor Close, Withies Road
- ▣ **Bridgemary South** – Cunningham Drive
- ▣ **Town** – Alec Rose House, Dolman Road, Watergate, Winchfield House



SPRING

Nature's springtime palette, bursts through winters hopeless ground
and birthed within each colour swell, life-force renewed is found.

Born, in every flowers bloom, held hopes again restore;
As seasons promised gifts unveil, reminds that we endure.

A clement breeze sways the freeze, coaxed by warming sun;
Landscapes, once grey and barren, grow verdant, vibrant, and strong.

Once hibernating creatures, wake from dormant sleep.
Globetrotting birds return, upsurge dawns chorus song of tweets.

Farmers plough and till the land, for seeds that must be sown;
They slurry, fertilise the soil, so new crops may be grown.

Birthing season now delivers god's creatures great and small;
Sleepless farmers keep vigil to aid and care for all.

The countryside now echoes with the music of the land;
A melody of mooing calves, operatic, baaing lambs.

As bluer skies resist nights touch and warmth from sun grows strong;
springtime's blessings, validate that life, shall carry on.

Thank you to Tracy Fitzgibbons of Bridgemaury for sharing this poem she has written.

Easter Closure

The Town Hall will close to the public at 5pm on Thursday 14th April 2022.

If you need to contact the Council in an emergency, during the Easter closure, please telephone **0800 028 0835** and our 'out of hours' team will be able to assist you.

The Town Hall will reopen at 9am on Tuesday 19th April 2022.

How to pay your housing charges

Your rent is due in advance, either weekly or monthly.

Rent Free Weeks

Please be advised that if your account is in arrears, you will be expected to continue making payments during these periods.

The Rent Free Weeks for 2022 are:

- Monday 21st March 2022
- Monday 28th March 2022
- Monday 19th December 2022
- Monday 26th December 2022

Your rent, charges or arrears can be paid in the following ways:

Direct Debit

Paid monthly via your own bank or building society on 1st, 15th or 22nd of each month. This can now be set up over the telephone by contacting **023 9254 5665**, when setting up please ensure that the bank account holder is present. Direct Debit mandates are available on request.

By telephone

Call **023 9254 5665** to pay using your debit or credit card. Monday to Friday between 9am and 5pm. If you want to make multiple payments for rent, council tax and any other payments please call **023 9258 4242**.

Standing Order

Weekly, fortnightly, four weekly or monthly through your bank. GBC Bank sort code **57-81-43** and account number **00000000** – Borough of Gosport. Please quote your tenancy reference number when setting up this payment.

Faster/online Payment

Set this up online or with your bank using the account details, GBC Bank sort code is **57-81-43** and account number is **00000000** – Borough of Gosport. Please quote your tenancy reference number when setting up this payments.

In person

Pay at the Town Hall cash desk - cash, cheque, debit or credit card Monday to Friday between 9am and 4.45pm.

Internet

Payments can be made anytime via our Online payments. **www.gosport.gov.uk/online-payments**

All Pay card

Pay at the Town Hall or your local pay point/shop/post office. Please call **023 9254 5665** to request an All Pay card.

Outside office hours

As well as making internet payments, cheque's can be sent in the post or through the secure letterbox at the front of the Town Hall (it is not advisable to send cash as the Council cannot accept any responsibility for any payments lost.) Cheque's should be made payable to 'Gosport Borough Council'. Your tenancy reference number, name and address should be written on the back of the cheque and the envelope should be securely sealed.

Support Links

Mental Wellbeing Hampshire is a partnership of organisations working to support good mental health and wellbeing in our communities including mental health prevention and support information across the life course. It also includes a useful section on Money and Debt. Please click on the link below to access the site for more information:

www.hants.gov.uk/socialcareandhealth/publichealth/mentalwellbeinghampshire

Connect To Support Hampshire money matters offers information on a range of money themes for adults. Please go to the website below to access the site for more information:

www.connecttosupporthampshire.org.uk/moneymatters

Stay in touch!

You can contact The Neighbourhood Management Team on **023 9254 5665** or by email on **housingofficers@gosport.gov.uk**

Citizens Advice

citizens
advice
Gosport

We are an independent charity and part of the Citizens Advice network across England and Wales. We provide free, confidential and impartial advice, and campaign on big issues affecting people's lives.

People come to us with all sorts of issues:

- ▶ You may have money, benefits, housing or employment problems. You may be facing a crisis or just considering your options.
- ▶ Our goal is to help everyone find a way forward, whatever problem they face.
- ▶ We value diversity, promote equality and challenge discrimination wherever we see it.
- ▶ Call us on **023 9252 0112**
- ▶ Go online by visiting our website **www.gosportcab.org.uk**
- ▶ For further information and web chat services by visiting the national website **www.citizensadvice.org.uk**

We can also provide information on the following:

General Advice:

Call our Adviceline on **0800 144 8848**
Open Monday to Friday, 9am to 5pm

Consumer helpline:

Problems with goods and services Call our Consumer helpline on **0808 223 1133**
Open Monday to Friday, 9am-5pm

Universal Credit:

Help to Claim Call our Help to Claim helpline on **0800 1448 444**. Open Monday to Friday, 9am to 5pm

Scams helpline:

Victim of a scam Call our Scams helpline on **0808 250 5050** Open Monday to Friday, 9am to 5pm

Volunteer with us!

Our volunteers help our clients find the information they need and give confidential advice online, over the phone, and in person to enable our clients to resolve their problems.

By volunteering with Citizens Advice Gosport, you will:

- ▶ Make a real difference to people's lives and have a positive impact on your community.
- ▶ Learn about a range of issues that affect our clients including benefits and debts.
- ▶ Build on valuable skills such as communication and problem solving.
- ▶ Meet new people from a range of backgrounds.

No prior experience is necessary in these areas as you will receive full training. For more information, please call **023 9252 0112** and ask to speak to George to find out what volunteering for us can do for you.



IGNITE

Are you aged between 16-99 and not in education, employment or training?

Are you struggling to find the motivation to kickstart your career path?

Then our IGNITE program is for you!

We offer a dedicated mentor for 3-6 months, supporting with a tailored action plan around your next career steps, alongside emotional health and wellbeing support.

If you would like more information, to sign up or to refer someone to the programme, please call us on 02392 525026.



Motiv8 South



m8gospportforeham
m8havant
m8portsmouth



@Motiv8South



02392 525026

Garden Recycling scheme 2022

Why not join over 600 other residents and sign up for Urbasers Garden Recycling Scheme.

With fortnightly collections and a brown bin delivered to your property, this service is easy and convenient.



For more information on this service please call **Urbaser** on **023 9399 0038**

YOUR RECYCLING BIN Please include:



Please remember everything placed in your recycling bin should be clean, dry and loose:

- Make sure all food residue and attachments (e.g. sellotape) are removed from your recycling.
- Please ensure your recycling is dry when placing it in your recycling bin.
- Do not place your recycling in any sort of plastic bag, it should be loose in your bin.



Benefit and Claim Form-filling Help

If you've ever tried to complete complicated benefit claim forms or had to provide financial or legal information, you'll know it's a minefield.

For an older person it can be almost impossible. How do you know what benefits you are entitled to and how do you go about claiming them?

For many older people, that additional income can mean not having to worry about turning up the heating in cold weather. It can mean having more money to spend on food and other essentials. And that's where Age Concern Gosport's free form-filling support comes in.

In the last year, Age Concern Gosport's volunteers have helped over 100 clients with their claims.

With 91% of the claims being successful, this has resulted in £318,808 per annum in benefits being paid to those people in need, right here in Gosport.

What Claim Forms can we help with?

The most common claims we help with are:

- ▶ Attendance Allowance
- ▶ Personal Independence Payments (PIP)
- ▶ Pension Credits
- ▶ Employment and Support Allowance (ESA)
- ▶ Disabled parking 'Blue Badge' applications

Trained Volunteers

Age Concern Gosport's team of volunteers are trained to help, each having completed Making Every Contact Count training (MECC). Each claim and request for help is completed in absolute confidence, so you don't have to worry about discussing your private affairs with your Age Concern Gosport volunteer.

How to Contact Age Concern Gosport

The Age Concern Gosport office is open Monday to Friday from 10am to 12 noon from Martin Snape House, 96 Pavilion Way

You can phone to arrange an appointment on **02392 604 699**, or **info@ageconcerngosport.org.uk**

AGEconcern
Gosport



Street Parties for the Queen's Jubilee

If you are interested in holding a Street Party to celebrate the Queen's Platinum Jubilee this year, please first refer to the guidance issued by central government.

The Council will permit closures where:

- ▶ The street is a lightly trafficked minor residential road, and not normally used by through traffic
- ▶ No access will be required to adjacent shops, businesses and services during the event
- ▶ There is a suitable alternative route for vehicles to use without the need for traffic diversions
- ▶ The closure will not create traffic issues elsewhere, and
- ▶ It will not inconvenience other people

Licensing Team

If you are planning on having your party in a public street you should first contact the Council to confirm that the street is suitable. Contact the Licensing Team by emailing or calling:

✉ licensingofficers@fareham.gov.uk

☎ 01329 824399

A cul de sac or short crescent is likely to be ideal for street parties. In this type of road you will not have to consult people beyond your own street, and you won't need a traffic management plan or traffic diversions.

Please note that you will be responsible for providing (and funding) any signage or barriers as the Council is not able to provide them for you.

We need to be aware of these street parties so that we can give our colleagues in the emergency services and Highways adequate notice of any event that is going to be taking place and also so that we can advise you on any other licences or permissions that may be required.

How to apply for a street party:

- ▶ Should you decide to go ahead and organise a Street Party, please fill in the Street Party application form, and submit it to:
licensingofficers@fareham.gov.uk
- ▶ This should be done at least 6 weeks before the event is due to take place (last date for submissions will be Friday 22 April)
- ▶ To download the application form search **Street Parties (Queen's Jubilee)** on **www.gosport.gov.uk**
- ▶ All this information can be found on the Gosport Borough Council website.



Brendoncare Clubs



Brendoncare members playing kurling at Brendoncare Gosport's Community Hub

The Brendoncare Foundation, have been awarded a 'Recovery Fund' grant of £5,000 from the Hampshire and Isle of Wight Community Foundation (HIWCF).

Brendoncare Clubs, run by Winchester based charity, The Brendoncare Foundation, have been awarded this grant which will support the safe reopening of the clubs in Gosport and allow members to participate in a club once again or for the very first time.

Brendoncare Gosport's Community Hub offers a variety of weekday and weekend clubs for older people living in the local area ranging from Pilates, Tai Chi, dance, keep fit, ping pong, gardening, film, singing to lunch clubs.

"We are delighted that the Hampshire & Isle of Wight Community Foundation's Recovery Fund has enabled Brendoncare Clubs in Gosport to reopen. The aim of the fund was to support local voluntary and community organisations working with people who have been negatively impacted by the pandemic to help them develop skills for the future.

"Because of the continuing pandemic, we know that many organisations are struggling to deliver services that are now more in need than ever. For Brendoncare Clubs, this funding enables face-to-face clubs and events to reopen, providing vital social connection, exercise and wellbeing for older people in our community."

Jacqui Scott
CEO of HICWF

"It has been heart-warming to see our members coming back to clubs after some time away. Friendships are being rekindled and the measures we have put in place to keep people safe mean that people can relax and enjoy the fun. Thanks to this generous grant from the Hampshire and Isle of Wight Community Foundation we will be able to continue to reopen our face-to-face clubs in Gosport safely and give our members every opportunity to return to or join a Brendoncare Club."

Sally Harrild
Head of Brendoncare Clubs Services





More information

Brendoncare Clubs is a well-established and trusted community service, offering a vital lifeline in Hampshire and Dorset, through friendship and wellbeing community clubs, online and telephone support and online clubs too.

For more information about Brendoncare Clubs please call, email to go online at:

📞 **Call 01962 857097**

💻 **Go online at www.brendoncare.org.uk/volunteers**

✉ **Email volunteering@brendoncare.org.uk**

— Advertisement —



Time for you, learn something new.



Hampshire Libraries have an extensive range of FREE* courses
Courses now running face to face and on-line



To find out more visit:

<https://shop.hants.gov.uk/collections/library-courses>

Contact us on 023 9223 2957 or email learninginlibraries@hants.gov.uk



*eligibility criteria



MEND & TEND

Enabling you to maintain your home and garden

A not-for-profit service providing practical help with basic gardening, decorating and repairs for Gosport residents who are older and for those with a disability.



We can help with:

- Interior and exterior painting and decorating
- Wallpapering
- Building shelves
- Installing rails
- Repairing doors
- Hanging pictures
- Minor plumbing and more!

Contact us:

 Emma.May@gva.org.uk

 02392 503871

Gosport Voluntary Action, Martin Snape House, 96 Pavilion Way, Gosport, PO12 1FG www.gva.org.uk

Volunteer Befrienders needed!

Gosport Voluntary Action's Befriending Service is seeking new volunteers.

GVA's voluntary Befriending service is looking for volunteers who could spend an hour per week with an older person in Gosport or Lee-on-the-Solent on a regular, long-term basis. The service currently has a waiting list of older people in need of company and friendly support, which has created an urgent need for more volunteer Befrienders in the area. Through regular home visits – during which volunteers

and their older friends both enjoy the mutual benefits of conversation, companionship and friendship – volunteers can make a real, long-lasting difference to local older people struggling with loneliness or social isolation. There are also a few older people awaiting a GVA Telephone Befriending volunteer, for engaging in friendly conversation through a weekly telephone call.

If you'd like to create a meaningful, positive impact on the life of a local, older person in need – either through offering your time as a Home Befriending volunteer, or as Telephone Befriender – please contact **Gosport Voluntary Action** for more information:

 02392 604681

 emma.may@gva.org.uk

 www.gva.org.uk

Help Reduce Loneliness With A Chat.

**Become a Volunteer Befriender and
support an older Gosport resident**

As little as an hour a week is all it takes!



Please contact us for a friendly chat to find out more:

02392 604681 | befriending@gva.org.uk | www.gva.org.uk

Martin Snape House, 96 Pavilion Way, Gosport PO12 1FG

Join the team and you could make a real difference to the lives of local older people in need.





Gosport



Over 50?

Not currently working?

Need to update your CV?

The Pathways training course can help!

Digital work skills

CV writing and employability support

Training to get you ready for the modern workplace

Completely free and Covid safe

Book now to start in the new year

Places are limited so book now to avoid disappointment

For an informal discussion about how the Pathways Project can help you, please telephone 02392 520112 and ask to speak to Tom or Georgina or email training@gosport.cabnet.org.uk



Top tips to keep your family healthy and happy

change
4 life

1 Sugar swaps

Swap fizzy drinks, juice drinks and flavoured milks for water, lower-fat milks and no added sugar drinks.



3 Snack smart

Sugary snacks can all add up! When choosing packaged snacks, stick to two a day max. But remember, fruit and vegetables are always the best snack.



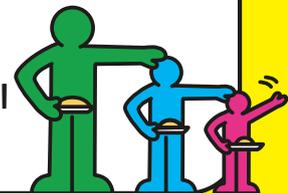
5 Get going every day

Kids need 60 active minutes each day. This can be in short 10 minute bursts throughout the day, try scootering to school, skipping to the shops, or dancing to a song. Keep track of screen time - many parents find it helpful to set a daily limit.



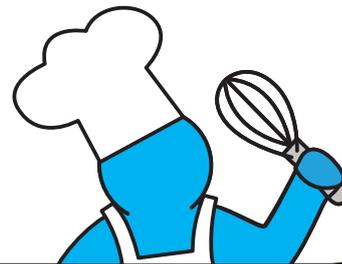
2 Me-sized meals

Remember kids are smaller than adults so give them a smaller portion to begin with, if they're still hungry they'll ask for more.



4 Eating out

When eating out look for child-friendly options that include fruit and vegetables. Try to avoid bigger portion sizes such as "go large" or "supersize" deals.



Want more tips to help you stay healthy and happy?

Search [Change4Life](#)

Gosport Borough Council A – Z of services

Abandoned cars	Streetscene	Freephone 08000 198 598
Access for the Disabled	Building Control	01329 824 823
Air Pollution	Environmental Health	01329 824399
Alcohol Licensing	Environmental Health	01329 824399
Allotments	Streetscene	Freephone 08000 198 598
Asbestos Advice	Environmental Health	01329 824399
Beach Barbecues (booking)	Economic Prosperity, Tourism & Culture	023 9254 5425
Beach Huts	Housing Services	023 9254 5564
Beach/Prom (Management)	Streetscene	Freephone 08000 198 598
Bulky Item Collection	Streetscene	Freephone 08000 198 598
Building Regulations	Building Control	01329 824823
Business enquiries	Economic Prosperity, Tourism & Culture	023 9254 5723
Car Parks	Streetscene	Freephone 08000 198 598
Cemetery - Anns Hill	Streetscene	Freephone 08000 198 598
Charity Street collections	Environmental Health	01329 824399
Citizen of the Year Award	Legal, Democratic and Planning Services	023 9254 5340
Civic Events	Legal, Democratic and Planning Services	023 9254 5202
Coastal flooding	Streetscene	Freephone 08000 198 598
Coastline Magazine	Press & PR	023 9284 1395
Community Safety	Community Safety	023 9254 5241
Concessionary Travel	Hampshire County Council	0300 555 1376
Conservation/ listed building	Legal, Democratic and Planning Services	023 9254 5483
Council Housing		
Community Alarms	Housing Services	023 9252 9308
Housing Options	Housing Services	023 9254 5476
Housing Repairs	Kier	Freephone 0800 028 0835
Neighbourhood Involvement	Housing Services	Freephone 0800 328 6958

Right to Buy	Housing Services	023 9254 5403
Sheltered Accommodation	Housing Services	023 9254 5453
Neighbourhood Management (including rental income)	Housing Services	023 9254 5665

Council Tax

Benefits	Financial Services	023 9254 5325
Business Rates	Financial Services	023 9254 5470
Enquiries	Financial Services	023 9254 5470
Council Meetings	Legal, Democratic and Planning Services	023 9254 5340
Countryside Section	Streetscene	Freephone 08000 198 598
Crime Prevention	Non-Emergency / Emergency	101 / 999
Dangerous Structures	Building Control	01329 824823
Dog Fouling	Streetscene	Freephone 08000 198 598
Dog Warden (lost & found)	Environmental Health	01329 824399
Dropped kerb (requests)	Hampshire County Council	0300 555 1388
Dustbins (emptying)	Streetscene	Freephone 08000 198 598
Energy efficiency at home	Energy Services Team	023 9284 1947
Flooding (roads)	Hampshire County Council	0300 555 1388
Food hygiene & safety	Environmental Health	01329 824399
Gosport Market	Environmental Health	07983 994071
Gosport Local Plan	Legal, Democratic and Planning Services	023 9254 5461

Grants

Disabled Facilities	Hampshire Social Services	0300 555 1386
Grass Cutting	Streetscene	Freephone 08000 198 598

Health & Safety

At work	Environmental Health	01329 824399
Health Education/Promotion	Environmental Health	01329 824399
Infectious Diseases	Environmental Health	01329 824399

Jobs (council only)	HR Services	023 9254 5650
Land Bookings	Economic Prosperity, Tourism & Culture	023 9254 5425
Land Searches	Legal, Democratic and Planning Services	023 9254 5221
Listed Buildings	Legal, Democratic and Planning Services	023 9254 5483
Litter & Street cleaning	Streetscene	Freephone 08000 198 598
Lotteries (Registration)	Environmental Health	01329 824399
Noise Nuisance	Environmental Health	01329 824399

Parks & open spaces

Maintenance	Streetscene	Freephone 08000 198 598
Policy and strategy	Streetscene	Freephone 08000 198 598

Payments	Customer Services	24 hour hotline 0800 0213 995
Pest control	Environmental Health	01329 824399

Planning

Applications enquiries	Legal, Democratic and Planning Services	023 9254 5483
Appeals, inquiries	Legal, Democratic and Planning Services	023 9254 5414
Local Plan	Legal, Democratic and Planning Services	023 9254 5461

Playgrounds	Streetscene	Freephone 08000 198 598
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Pollution	Environmental Health	01329 824399
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Recycling	Streetscene	Freephone 08000 198 598
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Refuse Centre (Grange Road)	General enquiries	0300 555 1389
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Reprographics and Printing	Financial Services	023 9254 5270
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Road Signs	Hampshire County Council	0300 555 1388
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Road Gritting	Hampshire County Council	0300 555 1388
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Roads & pavements	Hampshire County Council	0300 555 1388
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Rubbish collection	Streetscene	Freephone 08000 198 598
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Rubbish - Fly Tipping	Streetscene	Freephone 08000 198 598
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Sale of land & property	Housing Services	023 9254 5564
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Slipways	Streetscene	Freephone 08000 198 598
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Sport - pitches	Streetscene	Freephone 08000 198 598
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Pools

Splash Park	Streetscene	Freephone 08000 198 598
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Gosport Leisure Park	Places for People	023 9253 4950
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Street lights	Hampshire County Council	0300 555 1388
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Street Name Plates	Streetscene	Freephone 08000 198 598
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Taxi Licensing	Environmental Health	01329 824399
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Toilets	Streetscene	Freephone 08000 198 598
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Tourist Information Centre	Economic Prosperity, Tourism & Culture	023 9252 2944
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Traffic lights	Hampshire County Council	0300 555 1388
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Traffic Regulation Orders	Hampshire County Council	0300 555 1388
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Trees

Alongside roads	Hampshire Country Council	0300 555 1388
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Other trees	Streetscene	Freephone 08000 198 598
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Preservation orders	Legal, Democratic and Planning Services	023 9254 5414
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Voluntary Sector

Conservation Groups	Streetscene	Freephone 08000 198 598
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Recreation Groups	Economic Prosperity, Tourism & Culture	023 9254 5723
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Voting	Legal, Democratic and Planning Services	023 9254 5227/5218
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Wildgrounds	Streetscene	Freephone 08000 198 598
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