Always lock your bike.

- For your own safety always wear a safety helmet. • Wear bright or reflective clothing for extra visibility.
- as a rear reflector. • You must display front and rear lights at night, as well

Cycle sate



(except bicycles being pushed) No vehicles

(a solid line prohibits all other vehicles)



No cycling



cycle route ahead Warning (for motorists)

With-flow cycle lane ahead



Cycle and bus route



Segregated cycle and pedestrian route

Contra-flow cycle route



Shared pedestrian and cycle route



on main road

Here is a selction of the most commonly used road signs



for cyclists

Route recommended for cycles

Route to be used by cycles ONLY

information. www.direct.gov.uk/highwaycode Please refer to The Highway Code for further detailed otherwise. You must obey all traffic signs and signals.

It is illegal to cycle on the pavement, unless signs say Cycle signs

other road users.

Remember - the Highway Code applies to cyclists as well as

Highway Code for Cyclists

Healthy Cycling is...

tranquil countryside. The Alver Valley offers a range of off-road cycle trails through

Get to work quicker at peak times.

• Vital in beating congestion

· Good for the environment

Improve your fitness levels.

• Excellent recreation Reduce pollution.

cafés and restaurants. tops, a long promenade and a shopping centre with shops, traditional seaside town offering clean safe bathing, grassy cliff From Stokes Bay you can cycle west to Lee on the Solent - a

to hort Gilkicker.

and open spaces, or walk the promenade and paths eastwards pleasure craft on the Solent, enjoy the extensive pebble beach Here you can rest at a beach side café and watch the ships and Anglesey Lake and past the Georgian Crescent to Stokes Bay. old railway line also leads from the Town centre across Little open to cyclists between Bridgemary and Fareham. Another the Gosport Leisure Centre, with a further 2 miles of Busway miles of quiet cycle track between Gosport Town centre and The old Gosport Fareham railway line provides around 21/2

opening bridge which was built exclusively for cycles and premier naval victualling yard, and the Forton Lake Bridge Clarence Yard, which in the early 1800's was the country's from gunpowder through to missiles. On route you pass Royal the Explosion Museum, which tells the story of naval firepower the north of the Town Centre, at Priddy's Hard, you will find submarine and find out what life was like under the sea. To Submarine Museum where you can board a World War II Haslar Creek past the marinas leads to the Royal Navy Gosport has a strong naval history and a trip south across

boats within Portsmouth Harbour. excellent views of the Spinnaker Tower and the many ships and to the Town Centre and the Waterfront Trail which provide The ferry from Portsmouth carries bicycles and leads straight

the Isle of Wight. and enjoy the best views of Portsmouth Harbour, the Solent and Gosport Town Centre to Lee on the Solent, where you can relax to visit including 6 miles of accessible coastline stretching from makes it easy to cycle in Gosport. There are interesting places

A flat terrain and a good network of cycle tracks and lanes Cycling in Gosport

visit: www.gosportferry.co.uk Tel: 023 9252 4551 or e-mail:info@gosportferry.co.uk Gospor Ferry

Tel: 023 9252 2944 or visit: www.discovergosport.co.uk Tourist Information Centre - Gosport

Tel: (023) 9254 5483 or email:planning@gosport.gov.uk Traffic & Transport Liaison Officer Gosport Borough Council -

Useful Contacts

www.bicyclerecycling.co.uk PO12 1EP Unit 2, Bus Station South Street, Gosport 1441 0929 520 Bicycle Recycling

> P012 1DF 484 High Street Gosport Hampshire 023 9252 7335 G & S Cycles

www.windwave.co.uk Heritage Way, Gosport P012 4BG6 Unit D2-D3 Heritage Business Park 023 9252 1912

Windwave www.halfords.com

Unit 3, Creek Rd, Gosport, Hants PO12 1SP 023 9250 4015 Halfords

www.townbikesgosport.co.uk 2 Portland Buildings, Stoke Rd, Gosport PO12 1JH 023 9258 4410 Town Bikes

www.solent-cycles.co.uk 7 Marine Parade West, Lee on the Solent PO13 9LL 023 9255 4125 Solent Cycles



lodmys sint gnisu They are shown on the map

bikes, accessories and servicing. There are a good range of retailers in Gosport offering new

Cycle Shops in Gosport

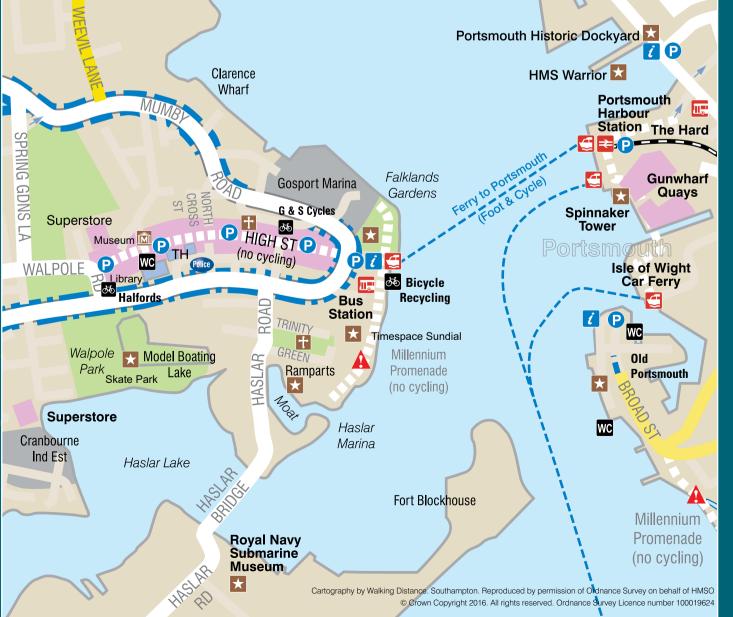
Cycle Map and Guide

Cycle Paths | Cycle Shops | Cycle Safety

Including links to Portsmouth and Fareham



Gosport Town Centre





Cycle Map and Guide

Cycle Paths | Cycle Shops | Cycle Safety



